

What is claimed is:

1. A therapeutic garment system for use on a mammalian body, comprising:
  - elasticized wrap-around upper-torso and lower-torso garments for donning and releasably securing in a close-fitting fashion;
  - each of said torso garments comprising an outwardly facing surface adapted for accepting releasable fasteners, an under-layer having an inwardly facing surface to resist slippage when donned; and
  - a plurality of elasticized pieces releasably applied, utilizing said fasteners, against said outwardly facing surface of at least one of said torso garments in an operative therapeutic configuration.
2. The garment system of Claim 1 further comprising an elasticized limb garment for donning and releasably securing in a close-fitting fashion; said limb garment comprising an under-layer having an inwardly facing surface to resist slippage and sized for wrapping around any portion of a limb of the body selected from the group consisting of an arm, a shoulder, a hand, a leg, a hip, a foot, and a head; and wherein at least a portion of one of said elasticized pieces is releasably further applied to an outwardly facing surface of said limb garment.
3. The garment system of Claim 2 wherein said elasticized limb garment is selected from the group consisting of: a shoulder wrap, an upper-arm cuff, an elbow cuff, a forearm-area cuff, a wrist wrap, a hand sleeve wrap, an upper-leg cuff, a knee cuff, a shin-calf area cuff, an ankle wrap, a foot wrap, and a head cap; and wherein each said elasticized piece has a shape selected from the group consisting of a generally linear-elongated strap and an at least partially split-strap configuration having a first and second extension.
4. The garment system of Claim 1 wherein: said upper-torso garment further comprises front and back panels releasably secured at each of a shoulder area of said panels and at each of a right and left side of said panels, and size-tailoring indicia extending along, in offset proximity to, at least a portion of a perimeter of said front panel; and said releasable fasteners are selected from the group consisting of: an area having tiny flexible hooks for engagement with mating loop fabric; an area comprising an array of snaps; an area comprising an array of D-rings; an area comprising an array of small buckles; and an area comprising an array of hook-and-eye enclosures.

5. The garment system of Claim 1 wherein: said lower-torso garment further comprises right-side and left-side panels; each said panel comprises a waistband portion having a first and second end, said waistband portion interconnected with a thigh-wrap portion having a lower perimeter, with size-tailoring indicia extending along, in proximity and offset, at least a portion of said lower perimeter; and said first waistband ends are adapted to be releasably secured in the body front, and said second waistband ends are adapted to be releasably secured in the body back.
6. The garment system of Claim 1 further comprising a plurality of position markers adapted for application to any of said outwardly facing surfaces for marking a location for re-donning said respective garment once initially fit to the body in said close-fitting fashion; said position markers further adapted for marking said configuration of said elasticized pieces for re-application.
7. The garment system of Claim 1 wherein at least one of said elasticized pieces comprises an at least partially split-strap configuration having a first and second extension, and said split-strap elasticized piece is adapted for application to at least one of said outwardly facing surfaces by utilizing at least one of said fasteners at each of an end of said first and second extensions.
8. The garment system of Claim 7 further comprising, opposite said first and second extensions, a third and fourth extension; and wherein said split-strap elasticized piece is further adapted for application to at least one of said outwardly facing surfaces by utilizing at least one of said fasteners at each of an end of said third and fourth extensions.
9. The garment system of Claim 1 operatively donned in said close-fitting fashion, and wherein: said outwardly facing surface of each said torso garments comprises a woven fabric; said releasable fasteners each comprise an area having tiny flexible hooks for engagement with mating loop fabric; said under-layer comprises a polyether-polyurethane foam lining; and each of said elasticized pieces comprises a foam-lined woven fabric, an outer surface of which is adapted for accepting said releasable fasteners.
10. The garment system of Claim 1 wherein said operative therapeutic configuration addresses an objective selected from the group consisting of: improve

body posture by postural retraining; improve balance control of the body; improve movement control of the body; assist in body neuromotor re-education; assist in skeletal modeling of the body; support an injured area of the body; promote movement of at least a part of the body for athletic performance enhancement; assist in maintaining muscle tone by applying elasticized resistance to movement of a part of the body when in an environment wherein an effect from a gravitational force is less than the gravitational effects experienced on Earth; assist in stabilizing a joint of the body; and assist in maintaining, in a positional relationship to the body, a topically-applied therapeutic device.

11. The garment system of Claim 10 wherein: said objective is determined during a session with a medical skilled-service provider; said objective to improve body posture further comprises dynamic postural retraining; said objective to assist in maintaining muscle tone further comprises assist in maintaining bone density by applying elasticized joint compression; and said topically-applied therapeutic device comprises a device selected from the group consisting of a thermally regulated pack, a weighted pack for reducing osteoporosis, an anodyne laser therapy device, an anodyne light-emitting-diode therapy device, a structural splint of plastically-moldable alloy, a vibrator device, an electrical stimulation unit, an acupuncture point stimulator, and a Chakra point stimulator.

12. A therapeutic garment system for use on a mammalian body, comprising:  
    elasticized wrap-around torso and limb garments for donning and releasably securing in a close-fitting fashion;  
    each of said torso and limb garment comprising an outwardly facing surface adapted for accepting releasable fasteners, an under-layer having an inwardly facing surface to resist slippage when donned; and  
    a plurality of elasticized pieces releasably applied, utilizing said fasteners, against said outwardly facing surface of each of said garments in a configuration operatively interconnecting said garments.

13. The garment system of Claim 12 wherein: said elasticized limb garment is selected from the group consisting of a shoulder wrap, an upper-arm cuff, an elbow cuff, a forearm-area cuff, a wrist wrap, a hand sleeve wrap, an upper-leg cuff, a knee cuff, a shin-calf area cuff, an ankle wrap, a foot wrap, and a head cap; said elasticized wrap-around torso garment is selected from the group consisting of an upper-torso garment, a lower-torso garment, and a full-torso garment; and said

fasteners are utilized at each of an end of each said elasticized piece for said application against said outwardly facing surfaces.

14. The garment system of Claim 12 wherein: each said elasticized piece has a shape selected from the group consisting of a generally linear-elongated strap and an at least partially split-strap configuration having a first and second extension; and said configuration operatively interconnecting said garments addresses an objective selected from the group consisting of: improve body posture by postural retraining; improve balance control of the body; improve movement control of the body; assist in body neuromotor re-education; assist in skeletal modeling of the body; support an injured area of the body; promote movement of at least a part of the body for athletic performance enhancement; assist in maintaining muscle tone by applying elasticized resistance to movement of a part of the body when in an environment wherein an effect from a gravitational force is less than the gravitational effects experienced on Earth; assist in stabilizing a joint of the body; and assist in maintaining, in a positional relationship to the body, a topically-applied therapeutic device.

15. A method for donning a therapeutic garment system on a mammalian body, comprising the steps of:

donning an elasticized garment comprising an under-layer having an inwardly facing surface to resist slippage while on the body, and releasably securing said garment in a close-fitting fashion around at least a portion of the body's torso;

donning a second elasticized garment, comprising an under-layer having an inwardly facing surface to resist slippage while on the body, and releasably securing said second garment in a close-fitting fashion around at least a second body portion other than said at least a portion of the body's torso; and

releasably applying against an outwardly facing surface of each of said garments, a plurality of elasticized pieces in an operative therapeutic configuration, said releasably applying comprises utilizing releasable fasteners with each said elasticized piece for said application thereof in said configuration.

16. The method of Claim 15 wherein said at least a portion of the body's torso comprises an upper-torso area, and said second body portion is selected from (a) a

lower-torso, and (b) any portion of a limb of the body selected from the group consisting of an arm, a shoulder, a hand, a leg, a hip, a foot, and a head; and said step of donning said upper-torso garment further comprises releasably securing a front and back panel of said upper-torso garment at each of a shoulder area of said panels and at each of a right and left side of said panels; and further comprising, prior to said step of releasably securing said upper-torso garment, the step of sizing said garment by trimming along size-tailoring indicia extending, in proximity and offset, at least a portion of a perimeter of said upper-torso garment.

17. The method of Claim 15 wherein said operative therapeutic configuration operatively interconnects said garments to address an objective selected from the group consisting of: improve body posture by postural retraining; improve balance control of the body; improve movement control of the body; assist in body neuromotor re-education; assist in skeletal modeling of the body; support an injured area of the body; promote movement of at least a part of the body for athletic performance enhancement; assist in maintaining muscle tone by applying elasticized resistance to movement of a part of the body when in an environment wherein an effect from a gravitational force is less than the gravitational effects experienced on Earth; assist in stabilizing a joint of the body; and assist in maintaining, in a positional relationship to the body, a topically-applied therapeutic device.

18. The method of Claim 17 wherein: said objective to improve body posture further comprises a dynamic postural retraining; said objective to assist in maintaining muscle tone further comprises assist in maintaining bone density by applying elasticized joint compression; said topically-applied therapeutic device is a device selected from the group consisting of a thermally regulated pack, a weighted pack for reducing osteoporosis, an anodyne laser therapy device, an anodyne light-emitting-diode therapy device, a structural splint of plastically-moldable alloy, a vibrator device, an electrical stimulation unit, an acupuncture point stimulator, and a Chakra point stimulator; and in the event said objective to assist in maintaining said topically-applied device is selected, said step of releasably applying said elasticized pieces further comprises utilizing said pieces to position said device atop said outwardly facing surfaces of at least one of said garments.

19. The method of Claim 15 wherein the mammalian body is that of a human.